## Piedmont Athletic Club Cross Country



Practices are at Fernhill Park Track unless otherwise noted.

## Fall 2021

| Sunday | Monday | Tuesday                                | Wednesday | Thursday  | Friday | Saturday |
|--------|--------|--|-----------|---|--------|----------|
| Aug 22 | 23     | 24                                     | 25        | 26  | 27     | 28       |
|        |        | Practice<br>6:00-7:15pm                |           | Practice<br>6:00-7:15pm                             |        |          |
| 29     | 20     | 31                                     | Sept 1    | 2   | 3      | 4        |
|        |        | Practice<br>6:00-7:15pm                |           | Practice<br>6:00-7:15pm                             |        |          |
| 5      | 6      | 7                                      | 8         | 9   | 10     | 11       |
|        |        | Practice<br>6:00-7:15pm                |           | Practice<br>6:00-7:15pm                             |        |          |
| 12     | 13     | 14                                     | 15        | 16  | 17     | 18       |
|        |        | Practice<br>6:00-7:15pm                |           | Foot Traffic M eet<br>Ov erlook Park<br>4:20-6:30pm |        |          |
| 19     | 20     | 21                                     | 22        | 23  | 24     | 25       |
|        |        | Practice<br>6:00-7:15pm                |           | Foot Traffic Meet<br>Overlook Park<br>4:20-6:30pm   |        |          |
| 26     | 27     | 28                                     | 29        | 30  | Oct 1  | 2        |
|        |        | Practice<br>6:00-7:15pm                |           | Practice<br>6:00-7:15pm                             |        |          |
| 3      | 4      | 5                                      | 6         | 7   | 8      | 9        |
|        |        | Practice<br>5:00-6:15pm<br>Time Change |           | Foot Traffic Meet<br>Overlook Park<br>4:20-6:30pm   |        |          |
| 10     | 11     | 12                                     | 13        | 14  | 15     | 16       |
|        |        | Practice<br>5:00-6:15pm                |           | Foot Traffic Meet<br>Overlook Park<br>4:20-6:30pm   |        |          |

